

DFSM eNewsletter

NEWS FROM
THE DEPARTMENT
OF FAMILY AND
SOCIAL MEDICINE

February-March 2015

Montefiore

Goodbye Winter

Hello Spring!



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SOCIAL PEDIATRICS NEWS

Congratulations to Dr. Angela Venegas, 2nd year Social Pediatric Resident who was chosen as an Academic Pediatric Association New Century Scholar! This very competitive program provides support for residents interested in pursuing academic careers in general pediatrics and related fields, with an emphasis on health inequities social determinants of health, and minority child health and development. This program is created to mentor residents to become future leaders in pediatric research and education.

3rd year Social Pediatrics Resident Justin Kopa has received a 2015 CATCH (Community Access to Child Health) Grant from the American Academy of Pediatrics to support his project "Improving Health Care Among Bronx Adolescent Males."

Yonit Lax, PGY-2 in Social Pediatrics, and Milani Patel, Social Pediatrics Faculty Member were awarded a Community Pediatrics Training Initiative (CPTI) Advocacy Training Grant for 2015.

PRAYER SHAWLS TO COMFORT OUR PCARE PATIENTS



As chaplain of the Palliative Care Service, I suggested we would like to do this Prayer Shawl project with the support of the Caregiver's Center staff, volunteers and other Montefiore staff that would like to participate in the project. The Prayer Shawls are either crocheted or knitted by an individual who prays and blesses the shawl while creating it for the recipient. In some hospitals they are gathered and prayed for in the chapel before distribution. Janet Bristow and Victoria Galo, created the prayer shawls and you can read more about it on their website www.shawlministry.com. The prayer shawls will be presented to the Palliative Care patients on NW7.

An exception was made last week because one of our patient Ms. Maudelyn Brooks who was on NW5 was leaving to Antigua to spend the rest of the days of her life with her family, she was a CMO patient cared for by the Palliative Care Service both at Moses and Weiler. She granted us permission to feature her story, and is pictured with CMO

Chronic Care Manager, Caryn Donocoff, RN and Rev. Rosa J. Caraballo, Palliative Care Chaplain.

If someone would like to make a shawl they should call my office 920-7314.

Submitted by Rev. Rosa J. Caraballo

DR. LISA LAPMAN RAN THE TOKYO MARATHON



Dr. Lisa Lapman ran the Tokyo Marathon with her dad. It is one of the 6 World Marathon Majors...they have now run them all together :) ...Boston, New York City, Chicago, Berlin, London, and now Tokyo.

Dr. Lapman is very happy to have completed the series...now looking forward to some R&R...and maybe taking up yoga.



DR. JUAN ROBLES AND DR. JOEL BUMOL SELECTED FOR STFM 2016 EMERGING LEADERS FELLOWSHIP

Congratulations to Dr. Juan Robles and Dr. Joel Bumol who were both selected by the Society of Teachers of Family Medicine for the 2016 Emerging Leaders Fellowship!!!

Dr. Bumol and Dr. Robles were chosen for two of the 16 coveted fellowship positions from a national pool of competitive applicants. They will receive leadership training and mentoring on a scholarly project over the course of year-long fellowship.

Submitted by Mary Duggan, M.D.

DR. JONATHAN GIFTOS: PICTURING THE BRONX



I have enjoyed taking photos ever since I was a little kid. After a long hiatus, I reconnected with street photography in the fall of 2014 through a chance connection with the Bronx Documentary Center, a great community organization located just south of CHCC in the Melrose section of the Bronx. Through this connection I have met many Bronx photographers, young and old, and it has been fun to explore the borough with them while snapping photos along the way. This photo, which was selected by CityLimits.org as their NYC Snapshot of the Week, was taken while walking from Weiler hospital along Westchester Ave under the 6 Train on a rare warm winter afternoon.

Throughout this time I have particularly enjoyed using photography to highlight the strength and beauty of a borough more often known by outsiders for its poverty and struggles. And I continue to see photography as both a creative outlet and as a tool for social change. For those interested, I have been collecting photos on a new website, <http://jonathangiftos.com> where prints are available in exchange for a donation to the Bronx Documentary Center. <http://citylimits.org/2015/02/12/bajo-el-seis/>

Submitted by Jonathan Giftos, M.D.

THE VAGINA MONOLOGUES AT DFSM

On Tuesday, February 10th the DFSM held a production of the Vagina Monologues by Eve Ensler as part of the Social Medicine Rounds series and the V-Day movement to end violence against women and girls. The show was directed by chief resident and Maternity Care Fellow Masha Gervits. The production team also included Nicole Towolawi, Nina Burgan, Lucy Manchester, Dan O'Connell, Krithika Kavanoor, Kereme Manners, and Amrita Seehra. The cast consisted of Victoria Gorski, Tanya White-Davis, Margaret Rosenberg, Eva Metalios, Rachel Paneth-Pollak, Deborah Swiderski, Lucy Manchester, Amrita Seehra, Lisa Baron, Victoria Gorski, Racquel Lewis, Ellen Tattelman, Sheraine Reid Walters, and Elana Craemer. The show was attended by over 60 people and was very well received. Thanks to generous donations by the attendees, \$343 were raised. This money will be donated to the Thorpe Family Residence to benefit victims of domestic violence.

Submitted by Maria Gervits, M.D.



GRANTS AWARDED

Earle Chambers, PhD, MPH (Department of Family and Social Medicine) was recently awarded a 5-year K01 grant from the National Heart, Lung, and Blood Institute. The proposal uses a novel geocoding approach to analyze primary care electronic clinical record data in relation to housing and neighborhood level data from various sources in order to track health outcomes. The long-term goal is to develop clinical and public health partnerships that will use multi-source data, including housing and neighborhood environment, to the develop interventions that target vulnerable patient populations.

Anna Flattau MD MSc MS from the Department of Family and Social Medicine and Belinda Ostrowsky MD MPH from the Division of Infectious Disease in the Department of Medicine are Principal Investigators on a new grant awarded by the New York State Department of Health, for the project "Strengthening antibiotic stewardship through standardized treatment of advanced pressure ulcers." The grant in the amount of \$312,000 will allow the interdepartmental team to test the feasibility of descriptive, process, and outcomes measures in hospitalized patients with advanced pressure ulcers, including measurement of infectious complications; and examine trends in process and outcomes measures that occurred with the 2014 roll-out of the inpatient wound consultation service at the Weiler campus."

RESEARCH NEWS

Niko Verdecias and Arthur Blank were the Guest Editors of a Special Supplement of AIDS Patient Care and STDs published in January (see our Publications section). Arthur Blank co-authored or was the primary author on 5 papers in this journal. These papers are based on our HRSA funded HIV + Women of Color Initiative, and represent 8 papers out of a total of 15 already published. More papers are under development.

Arthur E. Blank PhD is the first program chair for two national meetings establishing ways to evaluate the benefits of translational science. One of the associations is the American Evaluation Association, and the other is the Association for Clinical and Translational Science.

MONTEFIORE HEALTH OPPORTUNITIES PROGRAM (MONTEHOP) 2015

Montefiore Health Opportunities Program (MonteHOP) for Graduating High School Senior or College Freshman/Sophomore is now accepting applications.

Students: Application submission deadline is April 17, 2015

Coordinators: Application submission deadline is March 20, 2015

<http://www.montefiore.org/montefiore-health-opportunities-program>

MonteHOP

Montefiore Health Opportunities Program

The Montefiore Health Opportunities Program (Monte H.O.P.) is a summer enrichment program for students interested in health careers who come from economically or educationally disadvantaged backgrounds. The program is also open to individuals typically considered underrepresented in the health care industry.

Created in 2002, Monte H.O.P. has graduated over 171 students with the goal to promote, educate and encourage these youth to pursue careers in health. Monte H.O.P. is one of a number of student programs teaching students about the healthcare industry.

Graduating High School Senior or College Freshman/Sophomore accepted into the Monte H.O.P program gain valuable knowledge and professional skills through:

- Interactive-health related workshops (suturing, casting, anatomy lab, etc.)
- Visits to health-related organizations throughout New York City (ex: March of Dimes, WIC Centers, Morris Heights Birthing Center, NYC Department of Health, etc.)
- The observation of health care professional-patient interactions (medicine, nursing, physical therapy, etc.)
- Resources geared toward the continued development of professional skills (ex: resume writing, interview skills, health paper writing, project presentation, etc.)
- Health Equity and Prevention Primer modules meant to create young advocates looking to prevent health inequalities and pursue health and safety of all patients.

Application submission deadline is April 17, 2015

To apply please go to:

<http://www.montefiore.org/montefiore-health-opportunities-program>

Contact:

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Social Medicine in the Kitchen...

GARLICKY WHITE BEAN DIP

INGREDIENTS

- 1 or 2 peeled garlic cloves
- 2 cans (15 oz. each) white beans, drained and rinsed
- 1/4 cup extra-virgin olive oil
- 1/2 teaspoon finely shredded lemon zest
- 1 tablespoon fresh lemon juice
- 1 tablespoon very finely chopped fresh oregano leaves
- Salt and freshly ground black pepper

INSTRUCTIONS

1. In a food processor, whirl garlic until finely chopped. Scrape down the inside of the bowl and add beans, oil, lemon zest, and lemon juice. Whirl until smooth and blended.
2. Transfer dip to a small bowl. Stir in oregano, then season to taste with salt and pepper. Serve with assorted fresh vegetables or pita bread.



Recipe from www.myrecipes.com

GINGERED BEEF & BROCCOLI SALAD BOWL

INGREDIENTS

- 12 ounces beef sirloin steak
- 2/3 cup bottled ginger vinaigrette salad dressing
- 3 cups broccoli florets
- 8 cups mixed spring or baby salad greens
- 1 red sweet pepper

INSTRUCTIONS

1. Trim fat from beef. Thinly slice beef across the grain into bite-size strips; set aside.
2. In a wok or large skillet heat 2 tablespoons of the salad dressing over medium-high heat. Add broccoli. Cook and stir for 3 minutes. Add beef to wok or skillet. Cook and stir 2 to 3 minutes or until beef is slightly pink in center. Remove beef and broccoli from wok or skillet. Remove stem end and seeds from sweet pepper. Cut sweet pepper in bite-size strips.
3. In large bowl combine greens, sweet pepper, beef, and broccoli. Drizzle remaining salad dressing;



From www.bhg.com

Publications & Presentations...

Publications

Bachhuber, M. A., A. Tschannerl, C. Lechuga and M. Anderson. "Racial Discrimination in Health Care Settings: Does Insurance Matter?" *American Journal of Public Health* 104, no. 3 (2014): E10-E11.

Bandoli G., Ondine S. von Ehrenstein, Marie E.S. Flores, Beate Ritz. "Breastfeeding and asthmatic symptoms in the Offspring of Latinas: the role of maternal nativity." *Immigrant and Minority Health*, 2015 (e-pub ahead of print January, 2015). <http://springer.libdl.ir/article/10.1007%2Fs10903-015-0158-4>

Blank Arthur E., Jason Fletcher, Niko Verdecias, Iliana Garcia, Oni Blackstock, Chinazo Cunningham. "Factors Associated with Retention and Viral Suppression Among a Cohort of HIV+ Women of Color." *AIDS Patient Care and STDs*. January 2015, 29(S1): S27-S35

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DiNicolantonio, J.J., J.H. O'Keefe, S.C. Lucan. "Added Fructose: A Principal Driver of Type 2 Diabetes Mellitus and Its Consequences." *Mayo Clinic Proc*. 2015;nn(n):1-10

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DiNicolantonio, J.J., S.C. Lucan. "Standardizing Portion Sizes May Not Benefit Human or Environmental Health." *American Journal of Public Health*. 2014

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Fox, A. D., M. R. Anderson, G. Bartlett, J. Valverde, R. F. MacDonald, L. I. Shapiro and C. O. Cunningham. "A Description of an Urban Transitions Clinic Serving Formerly Incarcerated People." *Journal of Health Care for the Poor and Underserved* 25, no. 1 (2014): 376-382.

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Gervits, M. and M. Anderson. "Community-Oriented Primary Care (Copc) in Barcelona, Spain: An Urban Copc Experience." *International Journal of Health Services* 44, no. 2 (2014): 383-398.

Korin L, T. Das, A. Madsen, A. Soto and E. Begier. "Test of an Electronic Program to Query Clinicians About Nonspecific Causes Reported for Pneumonia Deaths, New York City, 2012." *Preventing Chronic Disease Public Health Research, Practice, and Policy*. Vol 11, E210 pp 1-6. November 2014.

Lucan, S. C., A. Hiller, C. B. Schecter and K. Glanz. "Objective and Self-Reported Factors Associated with Food-Environment Perceptions and Fruit-and-Vegetable Consumption: A Multilevel Analysis." *Preventing Chronic Disease* 11, (2014).

Lounsbury David W., Brian Schwartz, Anton Palma, Arthur Blank.. "Simulating Patterns of Patient Engagement, Treatment Adherence, and Viral Suppression: A System Dynamics Approach to Evaluating HIV Care Management." *AIDS Patient Care and STDs*. January 2015, 29(S1): S55-S63.

Munoz, D., A. M. Near, N. T. van Ravesteyn, S. J. Lee, C. B. Schechter, O. Alagoz, D. A. Berry, E. S. Burnside, Y. J. Chang, G. Chisholm, H. J. de Koning, M. A. Ergun, E. A. M. Heijnsdijk, H. Huang, N. K. Stout, B. L. Sprague, A. Trentham-Dietz, J. S. Mandelblatt and S. K. Plevritis. "Effects of Screening and Systemic Adjuvant Therapy on Er-Specific Us Breast Cancer Mortality." *Jnci-Journal of the National Cancer Institute* 106, no. 11 (2014): 9.

Publications & Presentations...

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Quinlivan Byrd E., Jason Fletcher, Elizabeth A. Eastwood, Arthur E. Blank, Niko Verdecias, Katya Roytburd. "Health Status of HIV-Infected Women Entering Care: Baseline Medical Findings" from the Women of Color Initiative. *AIDS Patient Care and STDs*. January 2015, 29(S1): S11-S19.

Ravi, A., L. Prine, E. Waltermaurer, N. Miller and S. E. Rubin. "Intrauterine Devices at Six Months: Does Patient Age Matter? Results from an Urban Family Medicine Federally Qualified Health Center (Fqhc) Network." *Journal of the American Board of Family Medicine* 27, no. 6 (2014): 822-830.

Roy, U. B., T. Michel, A. Carpenter, D. W. Lounsbury, E. Sabino, A. J. Stevenson, S. Combs, J. Jacobs, D. Padgett and B. D. Rapkin. "Community-Led Cancer Action Councils in Queens, New York: Process Evaluation of an Innovative Partnership with the Queens Library System." *Preventing Chronic Disease* 11, (2014): 7.

Schonberg, D., L. F. Wang, A. H. Bennett, M. Gold and E. Jackson. "The Accuracy of Using Last Menstrual Period to Determine Gestational Age for First Trimester Medication Abortion: A Systematic Review." *Contraception* 90, no. 5 (2014): 480-487.

Shaparin, N., K. Gritsenko, D. Shapiro, B. Kosharsky, A. D. Kaye and H. S. Smith. "Timing of Neuraxial Pain Interventions Following Blood Patch for Post Dural Puncture Headache." *Pain Physician* 17, no. 2 (2014): 119-125.

Slovut, D. P., F. Kargoli, J. J. Fletcher, Y. Etkin and E. C. Lipsitz. "Quality of Care among Patients Undergoing Lower Extremity Revascularization." *Vascular Medicine* 19, no. 5 (2014): 368-375.

Strelnick, A. H., M. R. Anderson, S. Braganza, L. Capps, M. Gold, V. Gorski, E. Korin, B. Soloway and J. Townsend. "Health Disparities Training in Residency Programs in the United States." *Family Medicine* 46, no. 10 (2014): 809-810.

Suglia SF, E.C. Chambers, M.T. Sandel. "Poor Housing Quality and Housing Instability as a Social Determinant of Mental Health. In The Social Determinants of Mental Health." 2014 (pp. 171-192). *American Psychiatric Publishing*. London, England. <http://www.amazon.com/The-Social-Determinants-Mental-Health/dp/1585624772>

Tattelman E, J. Purcell, R. Morrow. Academic Detailing: Train-the-Detailer Session. *MedEdPORTAL Publications*; 2015. Available from: <https://www.mededportal.org/publication/10052> http://dx.doi.org/10.15766/mep_2374-8265.10052

Presentations

Mullin M., E. Kovalenko, P. Ousley, C. Hurd, H. Harris. "Bringing It to the Streets: A Novel Approach to Improve Palliative Care for Homeless Adults." American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association 2015 Annual Assembly. Philadelphia, PA, February 2015.

Murphy M.T. "Applicability of Bereavement Literature Concepts, Terminology and Treatment/ Intervention Models Toward Optimizing Palliative Care Consult Service Social Work in Acute Care Settings." Social Work Hospice and Palliative Care Network National Conference. Philadelphia, PA. February 2015.



Photo google.com/images

Future Dates...

Social Medicine Rounds

Every 2nd & 4th Tuesday of the Month—4:30-6:00PM

3544 Jerome Ave, 3rd floor

For more info go to: www.socialmedicine.info

March 24, 2015	August 11, 2015
April 14, 2015	August 25, 2015
April 28, 2015	September 8, 2015
May 12, 2015	September 22, 2015
May 28, 2015	October 13, 2015
June 9, 2015	October 27, 2015
June 23, 2015	November 10, 2015
July 14, 2015	November 24, 2015
July 28, 2015	December 8, 2015
	December 22, 2015



Healing Arts-Associate Wellness: 5 Rhythms

Movement as Medicine Program
Sessions

(Third Tuesday of the month)
Grand Hall (Gunhill Entrance)

5:15 -6:15PM

March 17, 2015	August 18, 2015
April 21, 2015	September 15, 2015
May 19, 2015	October 20, 2015
June 16, 2015	November 17, 2015
July 21, 2015	December 15, 2015

Grand Rounds

Every 2nd & 4th Thursday of the Month—8:00-9AM

Internet Broadcast:

—Montefiore Family Health Center, 3rd fl. Conference Room
—Williamsbridge Family Practice-Precepting Room
—Moses Family Inpatient Unit- NW7 Conference Room

March 26, 2015—Briana Norton
April 9, 2015—Keith Veltri
April 23, 2015—Charles Nordin
May 14, 2015—Hal Strelnick
May 28, 2015—Beth Mclellan
June 11, 2015—TBA
June 25, 2015—TBA
July 9, 2015—TBA
July 23, 2015—TBA

All members of the extended DFSM/RPSM community are welcome to join Family Medicine Grand Rounds on the Web.

Please contact Maria Pasa mpasa@montefiore.org for an electronic invitation and instructions on how to connect.

August 13, 2015—TBA
August 27, 2015—TBA
September 10, 2015—TBA
September 24, 2015—TBA
October 8, 2015—TBA
October 22, 2015—TBA
November 12, 2014—TBA
November 26, 2015—HOLIDAY
December 10, 2015—TBA
December 24, 2015—HOLIDAY

Social Medicine on the Web...

Pulse

Voices from the heart of medicine

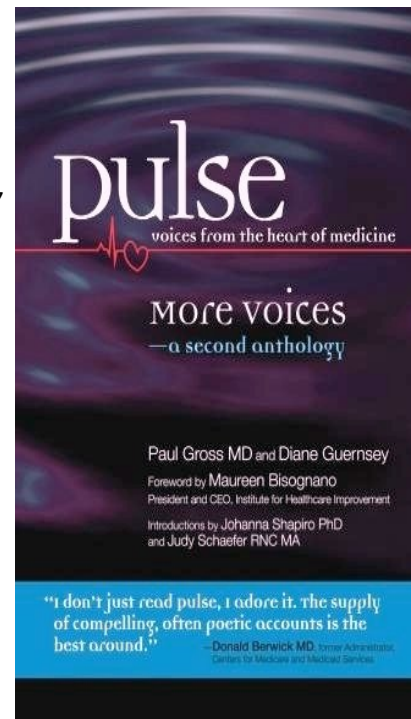
Friday Is Pulse Day

Pulse--voices from the heart of medicine, the weekly online publication created by DFSM, is celebrating its sixth birthday in 2014 and continues to attract new readers from around the world.

Every Friday, Pulse e-mails out a first-person story or poem about health care. These personal, compelling and authentic pieces are written by patients, healthcare professionals and students, providing a rare forum that welcomes everyone involved in health care. Pulse stories have been featured in the Washington Post, in NPR's health blog Shots and in KevinMD.com.

Dr. Donald Berwick, founder of the Institute for Healthcare Improvement, spoke for many when he said, "I not only read Pulse, I adore it... The supply of compelling, often poetic accounts is the best around."

Family medicine residents Masha Gervits and Sarah Stumbar have recently published stories in Pulse. To submit a story or to subscribe, visit pulsevoices.org.



Social Medicine/Medicina Social

Social Medicine is a bilingual, academic, open-access journal published since 2006 by the Department of Family and Social Medicine at Montefiore Medical Center/Albert Einstein College of Medicine and the Latin American Social Medicine Association (ALAMES). Registration with the journal is not necessary to read the content.

<http://www.socialmedicine.info/index.php/socialmedicine>

Social Medicine Portal

Social Medicine Portal is a project developed by faculty members of the Department of Family and Social Medicine of the Albert Einstein College of Medicine. The portal contains links to websites, documents and presentations devoted to social medicine. Our goal in creating this site is to link together the diverse international community of people working in social medicine and health activism. We encourage visitors to e-mail us materials for inclusion.

<http://www.socialmedicine.org/>

Montefiore Health Opportunities Program (MONTE HOP)

Helping Students Succeed in Health Careers

Montefiore's Health Opportunities Program (Monte H.O.P.) is a summer enrichment program for students from economically or educationally disadvantaged backgrounds and/or from groups typically considered underrepresented in the health care fields.

<http://www.montefiore.org/montefiore-health-opportunities-program>

DFSM ENewsletter is produced by the Department of Family and Social Medicine at Montefiore Medical Center

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