

DFSM eNewsletter

NEWS FROM
THE DEPARTMENT
OF FAMILY AND
SOCIAL MEDICINE

October-November 2015

Montefiore



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WELCOME TO OUR PSYCHOLOGY STUDENTS KRISTEN LIPARI AND LAUREN KLAYMAN

The Psychosocial Unit has the pleasure to introduce you to our new psychology students, KRISTEN LIPARI (Family Health Center) and LAUREN KLAYMAN (Williamsbridge) who have joined us last August. They are providing short-term counseling and behavioral health interventions for adult patients and also assisting with the Intensive Care Management activities at the clinics. We welcome referrals for them. Please email or contact the local psychosocial preceptors regarding specific cases you have in mind.



KRISTEN LIPARI is a third year doctoral student in Fordham University's Counseling Psychology PhD program. We are particularly happy to have recruited Kristen because of her interest in the intersection of multicultural and health psychology. Her recent research projects include writing a book chapter on gender differences in meaning making for cancer patients, the development of a short-form of the Multicultural Personality Inventory, and a qualitative study investigating intergenerational trauma and the cultural identity of descendants of the Holocaust. Her clinical experience involves work at Columbia University Barnard College's Furman Counseling Center and Brightpoint, an outpatient primary care clinic in the Bronx. Kristen can be reached at klipari@montefiore.org.

LAUREN KLAYMAN is a fourth year doctoral student in Yeshiva University's Clinical Psychology (Health Emphasis) PhD program. We are very excited to bring Lauren on board given her special interest and experiences with chronic illnesses. She is a member of her school's Chronic Disease Self-Management Lab where she studies the complex interplay of sociocultural factors, mood disorders, and type 2 diabetes. Lauren's dissertation focuses on the interrelationships across diabetes, somatic and cognitive depressive dimensions, and the role of acculturation among Latino people with type 2 diabetes. Lauren is also interested in health psychology issues in the context of cancer. She spent her first two years of graduate school conducting research at Memorial Sloan Kettering Cancer Center, where she wrote her Master's thesis on the role of spiritual/religious coping among Black and Caucasian men with prostate cancer. Lauren can be reached at lklayman@montefiore.org.



WELCOME TO DR. COURTNEY BANCROFT



We are delighted to introduce you to Courtney Bancroft, PsyD, a psychosocial faculty who has joined the behavioral science team as a full time psychosocial faculty. In addition to teaching FM residents at the Family Health Center, she will also do behavioral health consultations to support her precepting work.

Dr. Bancroft, a licensed clinical psychologist, comes to us from Yale School of Medicine, where she completed her internship training at the Substance Abuse Treatment Unit and Connecticut Mental Health Center, and a specialized postdoctoral residency at the VA Connecticut Healthcare System in Clinical Health Psychology with a focus on integrated primary care and behavioral health services, specifically targeting substance use in primary care. She graduated from Pepperdine University's PsyD program and received her Master's and Undergraduate degrees from Loyola University in Maryland. Her impressive curriculum also includes certifications and training in efficacious treatments for substance use, dual-diagnosis, motivational interviewing, insomnia, chronic pain, the intersection of chronic pain and opioids, smoking cessation, auricular acupuncture for detoxification and stress relief, and responding to patients' disclosures of trauma. She has also been trained in more traditional clinical skills that span the cognitive, mindfulness, and dynamic realms, and has expertise in the areas of cognitive, personality, and forensic assessment. She strongly values the idea of client-centered, holistic treatment and the importance of research and education, with specific interests in healthcare provider self-care and insight, and teaching about substance use disorders and treatment. Most importantly, in her brief time with us, she has already demonstrated to that she will be a unique asset to our team. Please join us welcoming Courtney to the RPSM! Courtney can be reached at cbancrof@montefiore.org.

CONGRATULATIONS TO DR. KEVIN FIORI



Congratulations to Dr. Kevin Fiori, Social Pediatrics Chief Resident and his work with Hope Through Health (HTH). September 27, 2015 was the official Clinton Global Initiative announcement for Hope Through Health's 3 year CGI commitment, *Healthy Moms and Babies: Ending Preventable Deaths in Togo*. The commitment was selected for an on stage presentation by Chelsea Clinton ([link](#) to the video, HTH ED Jenny Schechter (Fiori) goes on at approximately the 3:45 minute mark).



This marks an extraordinary effort by HTH in improving the health of women and children in Togo. We are all so proud of this accomplishment and want to celebrate this incredible moment for HTH and all the members of the team.

CONGRATULATIONS TO DR. PETER SELWYN

Congratulations to Dr. Peter Selwyn who was the recipient of the annual HIVMA Clinical Educator Award from The HIV Medicine Association Board of Directors. This award recognizes one member each year. Members are nominated by their colleagues for significant achievement in the area of HIV clinical care and provider education.



The award was presented to Dr. Selwyn on October 7, 2015 at the opening session of ID Week in San Diego. For more information, please visit: [www.hivma.org/Clinical Educator Award.aspx](http://www.hivma.org/Clinical_Educator_Award.aspx)

DR. CAMARA JONES TALKS HEALTH AND RACISM

Dr. Camara Jones RPSM Alumni '86, now APHA President-Elect talks at APHA 2015 about her plans for her upcoming year as president and about her initiatives for battling racism in public health. Here's the link [Social Justice](#)



Submitted by Paul Meissner, MPH

CLASSIC WRITINGS ON RACE IN AMERICA

There has been a lot of discussion about Race in America--thought Family and Social Medicine folks might be interested in this book discussion series. It is held at Scarsdale Friend Meeting and is in October, November and resumes in March 2016 through May 2016.

Scarsdale Friends Meeting (Quakers)
Warmly Invites You to a
SERIES OF BOOK DISCUSSIONS

classic writings on
RACE IN AMERICA

on Five Sundays this Fall and Spring

- Sunday, Oct. 24th: *To Kill A Mockingbird*
- Sunday, Nov. 22nd: *The New Jim Crow*
- Sunday, March 22nd: *The Warmth of Other Suns*
- Sunday, April 24th: *Narrative of the Life of Frederick Douglass*
- Sunday, May 22nd: *Incidents in the Life of a Slave Girl*

No RSVP is necessary

All are welcome to join Scarsdale Friends for light refreshments at 12:20 pm

The facilitated book discussion begins at 12:45 pm, followed by additional coffee and conversation about how these writings reflect where we have been and where we are going.

More important, we will explore how we can move forward to where we would like to be as an inclusive and loving community.

For additional information please go to our website: scarsdalefriendsmeeting.org or contact: carol1948@gmail.com or call: 914779-4254

all book discussions will take place at
SCARSDALE FRIENDS MEETING HOUSE
133 Popham Road
Just west of Rte 22 and the Village Hall

Submitted by Cary Andrews, Senior PA, MS, CWS

4TH ANNUAL WOUND HEALING TEACHING DAY



Left to Right: Anna Flattau MD, Marne Garretson MPH, Carolyn Andrews Senior PA-C, Belinda Ostrowsky MD, Giacomo Vinces DO, Sudhir Vaidya MD

Bronx Westchester Academy of Family Physicians presented 4th Annual Wound Healing Teaching Day on October 24, 2015 sponsored by Montefiore Wound Healing Program of the Department of Family & Social Medicine and Burke Rehabilitation Hospital was a great success.

CME Conference Coordinated by: Dr. Sudhir Vaidya (Montefiore Associate and Attending Physician at the Burke Rehabilitation Hospital)

Speakers: Sudhir Vaidya MD, Anna Flattau MD, Giacomo Vinces DO, Belinda Ostrowsky MD, Carolyn Andrews Senior PA-C, Interdisciplinary Burke Wound Team and Loraine Poliey RN.

The main conference objective was to update family physicians, PAs and nurses about chronic wounds such as pressure ulcers, leg ulcers, and diabetic foot ulcers, which are commonly encountered in out-patient and inpatient settings. There were also updates on advanced wound treatment and chronic wound characteristics. Forty-Five attendees from a variety of professional disciplines including family physicians, family medicine residents, PA's Nurses and Therapists took part in a lively discussion about wound prevention, early recognition, comprehensive management, and teaching of patients and families. Interest in wound care continues to be a hot topic among health care institutions and professionals.

If interested in next year's conference email Gloria Negrón gnegron@montefiore.org

PRAYER SHAWL BLESSING CEREMONY TOOK PLACE AT THE INTERFAITH CHAPEL ON SEPTEMBER 10, 2015

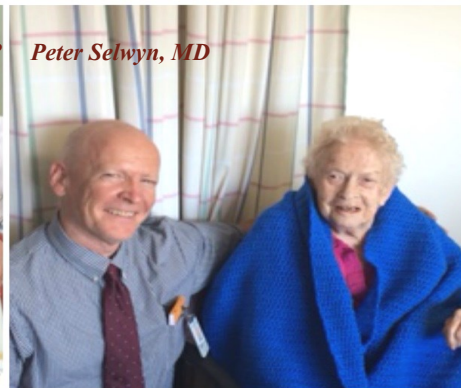


Moses Chaplains: *Rabbi Eugene Katz, Father Paul Nwobi*, joined *Rev. Rosa J. Caraballo*, Palliative care Chaplain and *Tarek Zetoune, M.D.* in saying blessings and prayers according to their faith traditions, over the Prayer Shawls. *Peter Selwyn, M.D.*, Chairman of DFSM and *Serife Eti, M.D.*, Medical Director of Palliative Care Service, and *Marlene McHugh, DNP* also addressed those present. The Prayer Shawl project was started in 2014 by *Rev. Rosa J. Caraballo*, Palliative Care Chaplain and has been joined by: *Denise Reidy, Marcia Ellis, Magdalena Falcon -Law*, nurses from Weiler, in crocheting the prayer shawls, to bring comfort the Palliative Care patients in NW7, Weiler and outpatient clinic. Above is a picture of one of our outpatients who shared in the ceremony and what it meant for her to receive a prayer shawl. Below are pictures of recipients with:



Rev. Rosa Caraballo

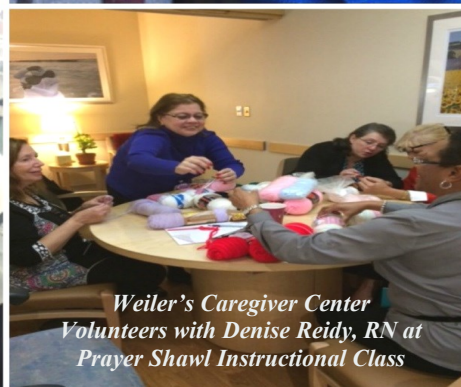
Marlene McHugh, DNP



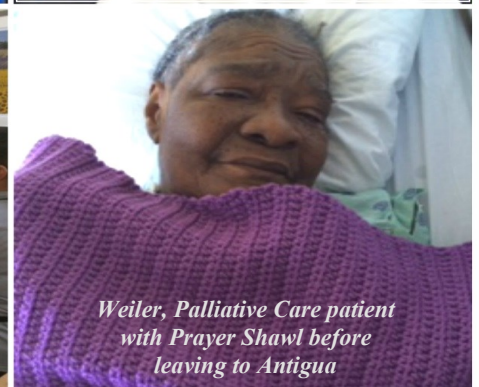
Peter Selwyn, MD



Serife Eti, MD



*Weiler's Caregiver Center
Volunteers with Denise Reidy, RN at
Prayer Shawl Instructional Class*



*Weiler, Palliative Care patient
with Prayer Shawl before
leaving to Antigua*

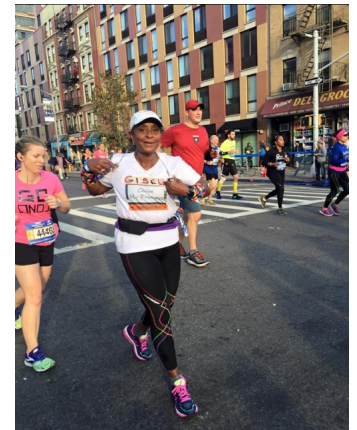


We need yarn donations and volunteers who would be interested in crocheting/knitting the shawls. If interested please contact rcarabal@montefiore.org.

GISELA PEREZ RUNS IN THE CHICAGO AND NEW YORK CITY MARATHONS



Gisela is a Marathon Manic. Gisela received this status by completing 3 marathons in 34 days in 2014. This year Gisela ran two Major World Marathons within three weeks period. She ran the Chicago marathon on October 11th for the first time (left) and the TCS NYC marathon (right) on November 1st for the 16th time. Gisela loves to run and her favorite distance to run is the marathon.



CONGRATULATIONS GISELA!



21ST ANNUAL TOUR DE BRONX



Over a dozen DFSM residents joined Dr Peter Selwyn and the Montefiore Tour de Bronx team yet again this year Sunday, October 25, 2015 to ride the 40 mile tour in style! Below are Lucy Manchester, Peter Selwyn, Chen Wang, Sandhya Kumar, Paul Meissner, Rachel Shah, Sylvia Wood, Paul Joudrey, Raj, Matt Kladney, Paul Joudrey, Amit Patel and Raj (son), Jon Ross, Gabe Silversmith, Jonathan Giftos, Cedric Bein and Scoll Schafler.



Publications & Presentations...

Publications

Adelman, J., J. Aschner, C. Schechter, R. Angert, J. Weiss, A. Rai, M. Berger, S. Reissman, V. Parakkattu, B. Chacko, A. Racine, and W. Southern. "Use of Temporary Names for Newborns and Associated Risks." *Pediatrics* 136, no. 2 (Aug 2015): 327-33. <http://dx.doi.org/10.1542/peds.2015-0007>.

Al Ali, A., S. Richmond, H. Papat, R. Playle, T. Pickles, A. I. Zhurov, D. Marshall, P. L. Rosin, J. Henderson, and K. Bonuck. "The Influence of Snoring, Mouth Breathing and Apnoea on Facial Morphology in Late Childhood: A Three-Dimensional Study." *Bmj Open* 5, no. 9 (2015). <http://dx.doi.org/10.1136/bmjopen-2015-009027>.

Bennett, A. H., J. A. Hassinger, L. A. Martin, L. H. Harris, and M. Gold. "Developing Patient-Centered Teams: The Role of Sharing Stories About Patients and Patient Care." *Families Systems & Health* 33, no. 3 (Sep 2015): 203-12. <http://dx.doi.org/10.1037/fsh0000106>.

Blackstock, O. J., P. A. Shah, L. J. Houghton, K. J. Horvath, and C. O. Cunningham. "Hiv-Infected Women's Perspectives on the Use of the Internet for Social Support: A Potential Role for Online Group-Based Interventions." *Janac-Journal of the Association of Nurses in Aids Care* 26, no. 4 (Jul-Aug 2015): 411-19. <http://dx.doi.org/10.1016/j.jana.2014.11.004>.

Chambers, E. C., D. Fuster, S. F. Suglia, and E. Rosenbaum. "Depressive Symptomology and Hostile Affect among Latinos Using Housing Rental Assistance: The Ahome Study." *Journal of Urban Health-Bulletin of the New York Academy of Medicine* 92, no. 4 (Aug 2015): 611-21. <http://dx.doi.org/10.1007/s11524-015-9965-0>.

Conlon, B. A., A. P. McGinn, D. W. Lounsbury, P. M. Diamantis, A. E. Groisman-Perelstein, J. Wylie-Rosett, and C. Isasi. "The Role of Parenting Practices in the Home Environment among Underserved Youth." *Childhood Obesity* 11, no. 4 (Aug 2015): 394-405. <http://dx.doi.org/10.1089/chi.2014.0093>.

Currin, C., J. Davis, L. C. Baron, A. Malhotra, and M. Fonseca. "Shoreline Change in the New River Estuary, North Carolina: Rates and Consequences." *Journal of Coastal Research* 31, no. 5 (Sep 2015): 1069-77. <http://dx.doi.org/10.2112/jcoastres-d-14-00127.1>.

00127.1.

DiNicolantonio, J. J. and S. C. Lucan. "Is Fructose Malabsorption a Cause of Irritable Bowel Syndrome?" *Medical Hypotheses* 85, no. 3 (Sep 2015): 295-97. <http://dx.doi.org/10.1016/j.mehy.2015.05.019>.

Earnshaw, V. A., L. R. Smith, C. O. Cunningham, and M. M. Copenhaver. "Intersectionality of Internalized Hiv Stigma and Internalized Substance Use Stigma: Implications for Depressive Symptoms." *Journal of Health Psychology* 20, no. 8 (Aug 2015): 1083-89. <http://dx.doi.org/10.1177/1359105313507964>.

Gold, M. and E. Chong. "If We Can Do It for Misoprostol, Why Not for Mifepristone? The Case for Taking Mifepristone out of the Office in Medical Abortion." *Contraception* 92, no. 3 (Sep 2015): 194-96. <http://dx.doi.org/10.1016/j.contraception.2015.06.011>.

Ludwig, A. B., W. Burton, J. Weingarten, F. Milan, D. C. Myers, and B. Kligler. "Depression and Stress Amongst Undergraduate Medical Students." *Bmc Medical Education* 15 (Aug 2015). <http://dx.doi.org/10.1186/s12909-015-0425-z>.

Redeker, N. S., R. Anderson, S. Bakken, E. Corwin, S. Docherty, S. G. Dorsey, M. Heitkemper, D. J. McCloskey, S. Moore, C. Pullen, B. Rapkin, R. Schiffman, D. Waldrop-Valverde, and P. Grady. "Advancing Symptom Science through Use of Common Data Elements." *Journal of Nursing Scholarship* 47, no. 5 (Sep 2015): 379-88. <http://dx.doi.org/10.1111/jnu.12155>.

Valera, P., M. Anderson, S. H. Cook, J. Wylie-Rosett, J. Rucker, and A. E. Reid. "The Smoking Behaviors and Cancer-Related Disparities among Urban Middle Aged and Older Men Involved in the Criminal Justice System." *Journal of Cancer Education* 30, no. 1 (Mar 2015): 86-93. <http://dx.doi.org/10.1007/s13187-014-0668-0>.

Bloom-Feshbach K., D. Casey, L. Schulson, P. Gliatto, J. Giftos and R. Karani. "Health Literacy in Transitions of Care: An Innovative Objective Structured Clinical Examination for Fourth-Year Medical Students in an Internship Preparation Course." *Journal of General Internal Medicine*. (Oct 2015) 1-5.

Presentations

36th Forum for Behavioral Science in Family Medicine
September 17, 2015-September 20, 2015

White-Davis, T. and E. Stein. "The Elephant in the Room: Exploring Race, Power, and Privilege Across Cultures Within the Supervisory Relationship."

APHA Annual Conference
October 31, 2015-November 4, 2015
Chicago, Illinois

Eastwood E., J. Birnbaum, J. Lee and A.E. Blank. "Age Barriers and Other Factors Related to HIV Retention by Women of Color."

Fuster D., S. Suglia, E. Rosenbaum and E.C. Chambers "Low-in Low-income housing policy, characteristics of the home environment, and mental health outcomes among Bronx Latino adults: The AHOME Study."

Riley RW, A.E. Blank, E.C. Chambers and P. Selwyn. "Hot Spotting Preventable Hospitalizations to Inform Clinical Practice and Improve Patient Outcomes."

NAPCRG 43rd Annual Meeting
October 24, 2015-October 28, 2015
Cancun, Mexico

Kumar B. A. Bennett, A. Blank and M. Gold "The Future of Family Planning in Texas: Are Family Physicians Ready?"

Schubert F., E. Bishop and M. Gold "Access to the Copper IUD as Emergency Contraception in Nine U.S. Cities"

Summit A., Lauren Casey, Ariana Bennett, Alison Karasz, and Marji Gold. "Patient Preferences for Contraceptive Counseling After Abortion."

34th FMEC Annual Meeting
October 30, 2015-November 1, 2015
In Danvers, MA

Bennett A and M. Gold. Lecture/Discussion: "Developing Patient-Centered Teams: The Role of Sharing Stories about Patients and Patient Care"

Publications & Presentations...

Casey L. and M. Gold. Poster Presentation: "Addressing the Needs of Patients Who Have Visited Crisis Pregnancy Centers."
Gross P. and J. Han. Seminar: "The Promise and Challenge of Reflective Writing."

Kumar B., A. Paul, S. Shields, N. Roder, M. Gold and V. Van Duyne. Seminar: "Using Patient-Centered Language During Genitourinary (GU) Exams"

Rosenstein H., S. Phillips, A. Bennett and M. Gold. Seminar: "Conversations about Reproductive Coercion in Family Medicine Education."

Skaden J., B. Johnston-Briggs and R. Williams. Poster Presentation: "Expression of Genetic Code in Pregnancy: Toxic Stress, Nutrition, Smoking and Alcohol Changes Outcomes in Infants and Progeny"

Summit A. H. Rosenstein and M. Gold Seminar: "(MCH) Pregnancy and Obesity: Offering Respectful Reproductive Health Care to All Women in the Face of Stigma"

Summitt A., L. Casey, A. Bennett, A. Karasz and M. Gold. Poster Presentation: "What Patients Value About Early Abortion Care in the Family Medicine Setting: Key Implications for Family Medicine Learners"

Thill Z. and E. Korin. Discussion: "Just Medicine: Exploring the Clinical Encounter as a Setting for Social Empowerment"

White-Davis T., M. Gold, E. Tattleman Z. Thill and E. Korin. Poster Presentation: "Coalition Against Racism (CAR): Bringing Race, Power, and Privilege to the Forefront of Medicine."



Photo: [google.com/images](https://www.google.com/images)

DFSM HOLIDAY EVENTS



POTLUCK

DFSM HOLIDAY PARTY

The Department of Family and Social Medicine would like to invite you to an informal holiday celebration.

Kids are welcomed

Bring your favorite dish

Tuesday, December 15, 2015

Time: 4:30-6:00pm

3544 Jerome Ave

3rd Floor Conference Room

Please RSVP by **TUESDAY, DECEMBER 8** to Tami Rivera 920-8434 or tariver@montefiore.org
Let us know if you're coming and what you would like to bring.
Sign up sheets will be out by the reception mailboxes.

DFSM New Year's Bash

2016

Happy New Year!

Date: January 15, 2016
Time: 6:30pm
Location: Eastwood Manor
3371 Eastchester Road
Bronx, NY 10469
Price: Residents/Staff - \$10.00*
Faculty - \$20.00*

Department of Family and Social Medicine
Montefiore Medical Center
Albert Einstein College of Medicine
For tickets please contact:
Tami Lee Rivera at 718 920-8434
or tariver@montefiore.org

**These are discounted tickets*

Social Medicine in the Kitchen...

MISSISSIPPI SPICED PECANS

INGREDIENTS

- 1 pound pecan halves
- 1 tablespoon packed dark brown sugar
- 1 1/2 teaspoons kosher salt
- 1 teaspoon chopped fresh thyme
- 1 teaspoon chopped fresh rosemary
- 1/2 teaspoon freshly ground pepper
- 1/2 teaspoon piment d'Espelette, (see Tip) or a pinch of cayenne pepper
- 2 tablespoons extra-virgin olive oil

Recipe from eatingwell.com

INSTRUCTIONS

1. Preheat oven to 350°F. Spread pecans on a large baking sheet. Roast until fragrant, about 12 minutes. Watch carefully so they don't burn.

Combine brown sugar, salt, thyme, rosemary, pepper and piment d'Espelette (or cayenne) in a small bowl. Transfer the roasted pecans to a large bowl, drizzle with oil and toss well to coat completely. Sprinkle with the spice mixture and toss again. Serve warm or let cool completely and store in an airtight container.



TURKEY SCHNITZEL WITH RADICCHIO SLAW

INGREDIENTS

- 4 (4-ounce) turkey cutlets
- 2 tablespoons water
- 2 large egg whites
- 3/4 cup plain breadcrumbs
- 1 ounce Parmesan cheese, finely grated
- Cooking spray
- 1/2 teaspoon kosher salt, divided
- 2 tablespoons olive oil
- 1 1/2 tablespoons lemon juice
- 1/2 teaspoon freshly ground black pepper
- 1/4 cup flat-leaf parsley leaves
- 1 small head radicchio, thinly sliced
- 1 Granny Smith apple, thinly sliced

Recipe from myrecipes.com

INSTRUCTIONS

1. Pound turkey cutlets to 1/8-inch thickness. Combine 2 tablespoons water and egg whites in a shallow dish. Combine breadcrumbs and cheese in a shallow dish. Dip cutlets in egg mixture; dredge in breadcrumb mixture.
2. Heat a large skillet over medium-high heat; coat with cooking spray. Cook 2 cutlets for 3 minutes on each side. Repeat procedure with remaining cutlets. Sprinkle with 1/4 teaspoon salt.
3. Combine 1/4 teaspoon salt, oil, juice, and pepper. Add parsley, radicchio, and apple; toss to coat. Serve with cutlets.



Future Dates...

Social Medicine Rounds

Every 2nd & 4th Tuesday of the Month—4:30-6:00PM
3544 Jerome Ave, 3rd floor
For more info go to: www.socialmedicine.info

December 22, 2015



Healing Arts-Associate Wellness: 5 Rhythms

Movement as Medicine Program
Sessions

(Third Tuesday of the month)
Grand Hall (Gunhill Entrance)
5:15 -6:15PM

December 15, 2015

Grand Rounds

Every 2nd & 4th Thursday of the Month—8:00-9AM

Internet Broadcast:

- Montefiore Family Health Center, 3rd fl. Conference Room
- Williamsbridge Family Practice-Precepting Room
- Moses Family Inpatient Unit- NW7 Conference Room

December 24, 2015—HOLIDAY

All members of the extended DFSM/RPSM community are welcome to join Family Medicine Grand Rounds on the Web.

Please contact Maria Pasa mpasa@montefiore.org for an electronic invitation and instructions on how to connect.



WEIGHT WATCHERS AT WORK

MEETING SCHEDULE

Too busy to make it to a Weight Watchers meeting in the community? Enjoy convenient meetings at Montefiore with a Weight Watchers Meetings membership. We offer at work meetings weekly at five Montefiore locations. Montefiore also offers a 50% discount at your start and additional discounts if certain criteria are met. Earn 3 raffle entries for signing up and 1 raffle entry a month for attending meetings.

Below is the weekly meeting schedule of WW offerings at Montefiore. For pricing and reimbursement details, visit: <https://wellness.weightwatchers.com> and enter Employer ID: 65022 Employer Passcode: ww65022. For questions and specific campus contact information email WellnessRD@montefiore.org. We hope to see you there!

	Date & Time
Moses	Wednesday, 12:30pm
Einstein/Weiler	Wednesday, 12:00pm
Wakefield	Thursday, 12:00pm
Yonkers	Thursday, 12:00pm
Fordham	Thursday, 12:00pm

HAVE YOU TAKEN YOUR HEALTH ASSESSMENT AND VIEWED A WEBINAR FOR \$25 THIS YEAR?

The annual HRA is a 15-minute questionnaire that will provide you with individualized health results and offer resources for improving your health! Follow the steps below to complete your HRA and Webinar, then redeem your \$25 gift card! Instructions: Register or log-in to the To Your Health! Portal at www.toyourhealth.montefiore.org

On the Dashboard, click on Health Assessment (top right Step 1) Next, on your Dashboard, click on Webinars and Quizzes and complete a Webinar/Quiz of your choosing (top right Step 2) Return to the Dashboard and clic redeem under Rewards Tracker For assistance, contact Customer Support at 1.888.252.8150.

Social Medicine on the Web...

Pulse

Voices from the heart of medicine

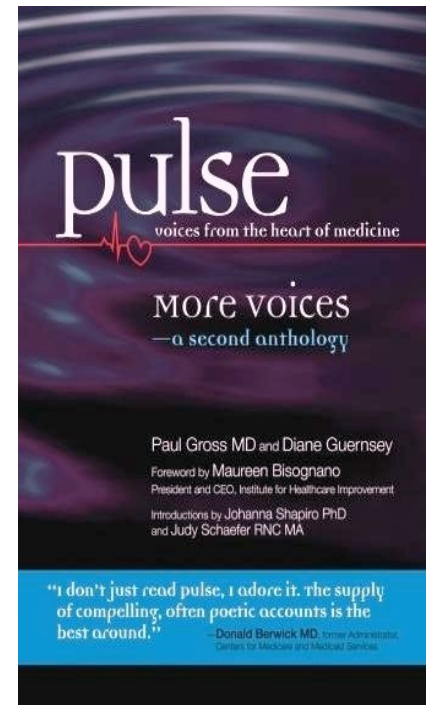
Friday Is Pulse Day

Over the past year, Pulse--voices from the heart of medicine has celebrated its seventh birthday and now has over 10,000 subscribers.

Every Friday, Pulse e-mails its readers a first-person story or poem about health care, along with a visual image or haiku. These personal, compelling and authentic pieces are written by patients, healthcare professionals and students, providing a rare forum that welcomes everyone involved in health care. Pulse stories have been featured in the Washington Post, in NPR's health blog Shots and in KevinMD.com.

Dr. Donald Berwick, founder of the Institute for Healthcare Improvement, spoke for many when he said, "I not only read Pulse, I adore it... The supply of compelling, often poetic accounts is the best around."

While Pulse carries pieces from all over the globe, RPSM residents and Einstein students have also had their stories featured in Pulse. To submit a story or to subscribe, visit pulsevoices.org.



Social Medicine/Medicina Social

Social Medicine is a bilingual, academic, open-access journal published since 2006 by the Department of Family and Social Medicine at Montefiore Medical Center/Albert Einstein College of Medicine and the Latin American Social Medicine Association (ALAMES). Registration with the journal is not necessary to read the content.

<http://www.socialmedicine.info/index.php/socialmedicine>

Social Medicine Portal

Social Medicine Portal is a project developed by faculty members of the Department of Family and Social Medicine of the Albert Einstein College of Medicine. The portal contains links to websites, documents and presentations devoted to social medicine. Our goal in creating this site is to link together the diverse international community of people working in social medicine and health activism. We encourage visitors to e-mail us materials for inclusion.

<http://www.socialmedicine.org/>

Montefiore Health Opportunities Program (MONTE HOP)

Helping Students Succeed in Health Careers

Montefiore's Health Opportunities Program (Monte H.O.P.) is a summer enrichment program for students from economically or educationally disadvantaged backgrounds and/or from groups typically considered underrepresented in the health care fields.

<http://www.montefiore.org/montefiore-health-opportunities-program>

DFSM ENewsletter is produced by the Department of Family and Social Medicine at Montefiore Medical Center

Editor Wilma Burgos

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